

*See insert or website for special restaurant offerings!*

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**LOCKE** EST. 1836 **STORE**



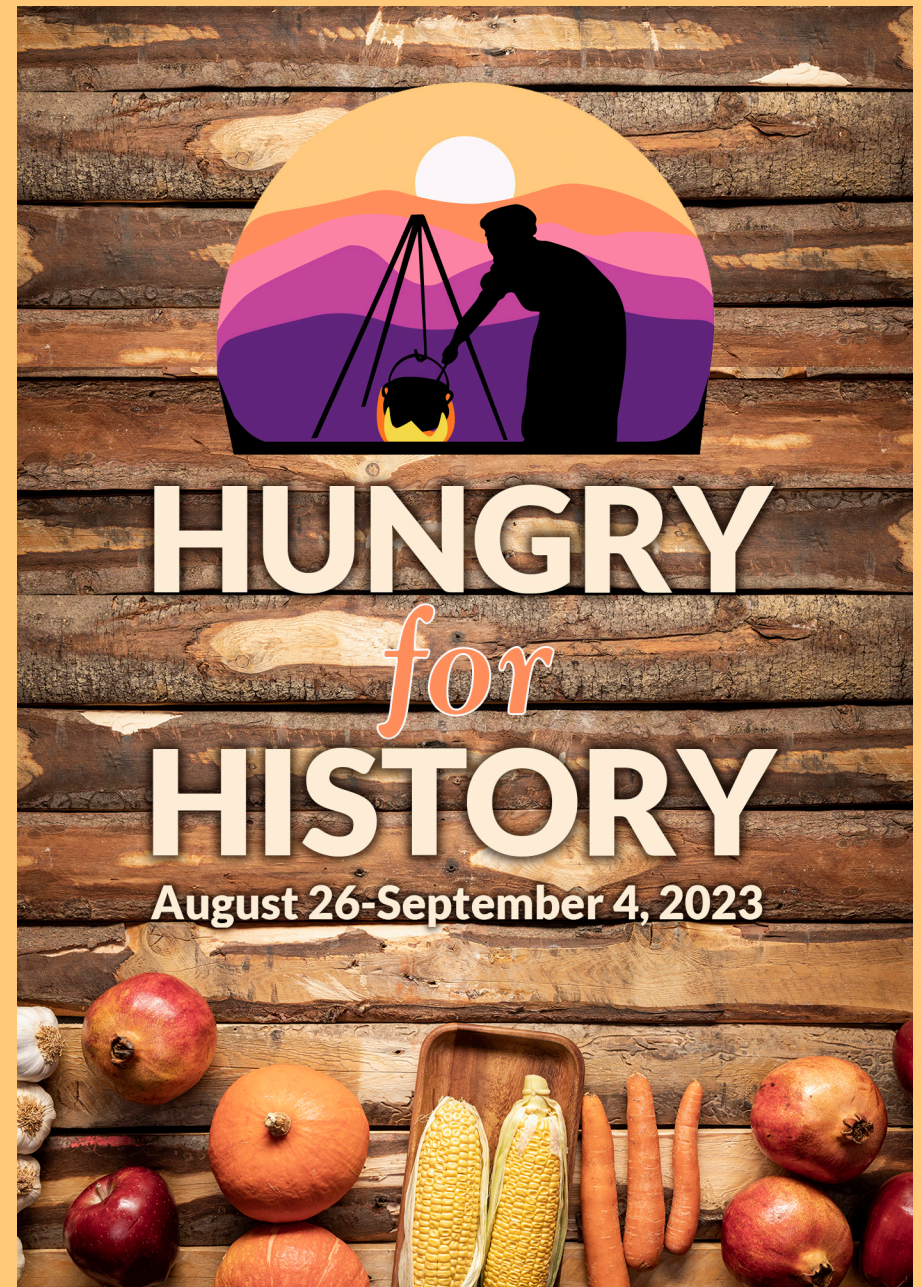
Carter  Burton

**PURCÉ**  
GOURMET MARKET & CAFÉ



[visitwinchesterva.com/hungry-for-history-food-event](http://visitwinchesterva.com/hungry-for-history-food-event)

1400 S. Pleasant Valley Road, Winchester 540-542-1326



**Explore the historical food traditions of  
Winchester, Frederick and Clarke County,  
VIRGINIA**



# MENU

*What are you hungry for?*

💰 Admission fee applies  
 K Kid-friendly

- 1 **ABRAM'S DELIGHT MUSEUM**.....Friday, Sept. 1, 11am-4pm



*History from the Hearth*

Hearth cooking demonstrations at the 1780's log cabin. Visitors will learn about colonial food preparation. The recipes will reveal patterns of seasonal activity and daily life. 1340 S. Pleasant Valley Rd, Winchester.

- 2 **BELLE GROVE PLANTATION** .....Saturday, Aug. 26, 11am-6pm



Belle Grove Wine Festival will feature area vineyards and cideries plus a featured brewery, meadery, and distillery! There will be chef demonstrations throughout the day that will highlight historic recipes and foodways. 336 Belle Grove Rd, Middletown. 💰

- 3 **CEDAR CREEK AND BELLE GROVE NATIONAL HISTORICAL PARK**.....Sunday, Sept. 3, 2:30pm

*Kneading in Silence: A Glimpse into the Life of the Enslaved Cook Judah*

This 30 minute presentation discussing the life of Judah, the enslaved cook of Belle Grove. Purchased by the Hite's with her two young boys, Judah remained their cook until her death in 1836. This program will take place in the winter kitchen of the Belle Grove Plantation Manor House. 336 Belle Grove Rd, Middletown.

- 4 **CEDAR CREEK BATTLEFIELD FOUNDATION**

*Civil War Kids Camp (registration required: ccbf.us)*.....Saturday, Aug. 26  
 Attendees will explore multiple elements of life during the Civil War as a soldier or civilian, including cooking demonstrations and lessons by costumed interpreters! K 💰

*Free museum admission and special program* ..... Saturday, Aug. 26-Sept. 3  
 Visit the FREE Cedar Creek Museum (closed Tues and Wed) to learn about rations and resources available to soldiers during the Civil War era, food preservation and preparation during the mid-19th century, and for hands-on activities, like learning how to make your own butter! 8437 Valley Pike, Middletown. K

- 5 **CLARKE COUNTY HISTORICAL ASSOCIATION** .....Saturday, Aug. 26, 11am-2pm

The Burwell-Morgan Mill partners with Locke Store and the Loudoun Farm Heritage Museum to celebrate Hungry for History Food Week. Visitors will be able to observe apple butter being made in the hearth upstairs at the Mill. Tastings of this butter will be on bread baked at Locke Store using locally grown wheat ground at the Mill. 15 Tannery Ln, Millwood. K


- 6 **HANDLEY LIBRARY**.....Thursday, Aug. 31, 5:30-7pm

An agent from the Virginia Cooperative Extension will host an introductory course on basic food preservation and canning in the auditorium of the Handley Library. 100 W. Piccadilly St, Winchester.

- 7 **JOSEPHINE SCHOOL COMMUNITY MUSEUM**..... Saturday, Aug. 26, 11am-2pm. The Josephine Museum will celebrate culinary legend from Josephine Street, Mrs. Geneva Jackson. She will share her story, perhaps a favorite recipe and cooking tips, and samples to taste. The related exhibit will be on display for the week during normal hours or by appointment. 303 Josephine St, Berryville.

- 8 **KERNSTOWN BATTLEFIELD**.....Sat, Aug. 26 & Sat, Sept. 2  
 Learn about the importance of cornbread at this free lecture on two Saturdays at 11am and 1pm. Participants will receive recipe cards for both Yankee cornbread and Southern style cornbread.

- 9 **MUSEUM OF THE SHENANDOAH VALLEY**.....Aug. 26 - Sept. 4  
 Drop by and grab one of our self-guided garden tour handouts highlighting native food cultivars with historical uses that are grown right here in the MSV gardens! 901 Amherst St, Winchester. 💰

- 10 **NEWTOWN HISTORY CENTER**.....By reservation, Aug. 26-Sept. 4  
The Newtown History Center will offer a program for homeschoolers to look for and discuss changes in food technology, as seen with artifacts in the Steele Bros. Store exhibit. 5408 Main St, Stephens City. Admission: \$1 per student. 💰 K

- 11 **OLD TOWN WINCHESTER WALKING TOUR**..... Friday, Sept. 1, 6pm  
 Take a historic walking tour of Old Town Winchester that showcases some important food-related business establishments, and includes food habits of Winchester residents from the past, including during the Civil War. \$10 per person, call (540) 542-1326 to make a reservation. 2 N. Cameron St, Winchester. 💰

- 12 **PATSY CLINE HISTORIC HOUSE** .....Saturday, Sept. 2, 10am-4pm  
Celebrate "Patsy's Homegrown Roots" during the annual Patsy Cline Block Party! Learn how Patsy Cline's family practiced small-scale subsistence farming while tasting two cakes from the family's recipe book! "Patsy's Homegrown Roots" is sponsored by Carter+ Burton Architecture and Purcé - Market & Cafe. 608 S. Kent St, Winchester. K

- 13 **SHENANDOAH VALLEY DISCOVERY MUSEUM**.....Aug. 26-Sept. 4,  
 Open Wed-Sat, 9:30am to 3:30pm, Sun 12:30-3:30pm.  
 Museum admission will include an apple for all visitors, information about the history of apples in Winchester, plus apple activities and crafts. Guests can also spend time in the Longhouse to learn more about Native Americans! 19 W. Cork St, Winchester. 💰 K

- 14 **STONEWALL JACKSON'S HEADQUARTERS**..... Sun, Aug. 27 at 1pm,  
 Thurs, Aug. 31 at 11am and Mon, Sept. 4 at 11am  
 Special presentation from Brian Daly - "Jackson, the Man and the Foods he Ate" From his book of maxims: Be temperate. Eat too little rather than too much. 415 N. Braddock Street, Winchester. 💰

- 15 **SANCTUARY ON THE TRAIL at the WINCHESTER-FREDERICK COUNTY VISITORS CENTER**..... Sunday, Aug. 27, 1-4pm  
Celebrate the enduring legacies of American Indian Indigenous traditional and contemporary food and art forms with presentations from Indigenous historical interpreters, craftspeople with demonstrations, dancing by Rick Perry (Cree, Aaniiih), and a special food documentary short-film. 1400 S. Pleasant Valley Rd, Winchester. K  
 1:30pm: Wild Food Nutrition and Pottery - Kayce Heister (Pamunkey)  
 2pm: Wild Food Foraging - Clay Morris (Arapaho)  
 2:30pm: Plants, Seeds, Bees and More - Carrie Fox (Lenape)  
 3pm: Indigenous Food Literature and Storytelling - René Locklear White (Lumbee)

# SPECIALS

*Restaurants & breweries offering limited time menu items  
August 26 - September 4*

- 16 BROKEN WINDOW BREWING COMPANY**  
Broken Window has brewed a special Pre-prohibition American Porter, a beer popular in the United States in the late nineteenth and early twentieth centuries. The barley used in this recipe is an older six-row barley ground at the historic Burwell-Morgan Mill. This type of porter is an American adaptation of an English Porter and includes chocolate rye and molasses in the recipe. 14 W. Boscawen St, Winchester.



- 17 HIGH POINT RESTAURANT**  
The restaurant will offer on their menu three dishes from Stephens City Food & Fables, a cookbook published for the Newtown Heritage Festival, including: Grandma's Biscuits by Jaquetta Owen, Pork Chops with Butter Beans by Noel Anne Nuri Sciegaj, and Jesse's Apple Cake by Jesse L. Curry. 5106 Main St, Stephens City.

- 18 VAULT & CELLAR**  
Specials will include Bourbon molasses glazed pork belly topped with pickled watermelon rind served with soup beans and cornbread, Rabbit dumplings, and Apple stack cake, in addition to flitch - a traditional potato candy from Appalachia. Numerous drink specials will also be offered, including a bourbon flight with historic Virginia ties and Grandpa's Gatorade cocktail - a recipe featuring switchel, historically created to replenish electrolytes after a hot day laboring outside, with apple cider vinegar, ginger, honey, salt balanced strawberry rhubarb shrub and Bowman Brothers Virginia made whiskey. 7843 Main St, Middletown.



*Interactive experiences at Vault & Cellar:*

**August 30th at 6pm** (Reservation: 540-508-0640)

"Create your own pickle" class - Chose your own spice mix and use local produce to create your own pickle!

**September 1st at 6pm** (Reservation: 540-508-0640)

Whiskey tasting class (Also available all week for independent tasting)

- 19 LOCKE STORE**  
The Locke Store will be partnering with the Burwell-Morgan Mill to bake bread from wheat ground at the historic mill, where you can taste it paired with apple butter made fresh on the mill's upstairs hearth. 2049 Millwood Rd, Millwood.



- 20 BONNIE BLUE SOUTHERN MARKET & BAKERY**  
Bonnie uses an abundance of local meats and fresh produce from the Shenandoah Valley. Specials include Bonnie's Hoecakes, one of George Washington's favorite meals. They will also be offering homemade Apple Turnover Hand Pie, Bonnie Bar Dessert made fresh by Gabby, Bonnie's baker. 334 W. Boscawen St, Winchester.





## Three sisters - corn, beans and squash

Learn more about Three Sisters symbiotic agriculture—planting corn, climbing beans and squash together, with Sanctuary on the Trail at the Visitors Center (#15) during the Hungry for History event. Native American skill in agriculture provided the margin of survival for the early European colonists, either through trade or direct sharing of expertise.